

* * * P O S I Ç Ã O G E R A L - C A T E G O R I A S * * *

CATEGORIA : F-14-24

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	502	ISABELLY PLENS STRUMIELO	F	F-14-24	1			0 SPSRUN	07:58:42	00:28:26	04:43
2	199	IARA LUÍSA NEVES DA SILVA	F	F-14-24	2			0 AASP	07:59:44	00:29:20	04:52
3	479	VITÓRIA MENDES	F	F-14-24	3			0 RUN UP	00:30:46	00:30:38	05:06
4	126	NICOLLE TOLEDO	F	F-14-24	4			0	00:31:02	00:30:43	05:06
5	191	MARIANA PIRES DE CAMARGO	F	F-14-24	5			0 AASP	08:02:32	00:32:17	05:22
6	284	HÉRICA OLIVIERI	F	F-14-24	6			0 EQUIPE ENERGIA	00:33:09	00:33:05	05:30
7	200	FERNANDA YUMI KUBAIASSI	F	F-14-24	7			0 AASP	00:33:37	00:33:27	05:34
8	192	MIRELLA PIRES DE CAMARGO	F	F-14-24	8			0 AASP	08:03:46	00:33:30	05:34
9	326	BRUNA LEMES DA SILVA KOMETAN	F	F-14-24	9			0 EQUIPE ENERGIA	00:34:46	00:34:08	05:40
10	406	MANUELA CORREA ALVES	F	F-14-24	10			0 I9 CENTRO DE TREINAM	00:36:28	00:36:00	06:00
11	165	GABRIELA PIRES	F	F-14-24	11			0	00:37:55	00:37:39	06:16
12	116	SABRINA VIEIRA DE MORAES	F	F-14-24	12			0	00:38:29	00:38:29	06:24
13	451	MARIA EDUARDA SALKYS	F	F-14-24	13			0 MOVIMENTO	00:40:07	00:39:54	06:39
14	279	ZULEICA KAZUMI KITO	F	F-14-24	14			0 EQUIPE ENERGIA	00:48:58	00:40:15	06:42
15	207	GEOVANA VIEIRA	F	F-14-24	15			0 ACADEMIA ENERGIA PIE	00:41:21	00:41:12	06:51
16	166	MARIA EDUARDA DE MIRANDA SOU	F	F-14-24	16			0	00:41:27	00:41:12	06:51
17	281	JAMILI JUSTINA DE PAULA	F	F-14-24	17			0 EQUIPE ENERGIA	00:41:50	00:41:18	06:52
18	316	LARISSA LUANA DUARTE GODINHO	F	F-14-24	18			0 EQUIPE ENERGIA	00:42:08	00:41:38	06:55
19	158	GIULIA RAFAELLY DA SILVEIRA	F	F-14-24	19			0	00:42:11	00:41:53	06:58
20	160	LIVIA MARIA DA SILVEIRA	F	F-14-24	20			0	00:43:19	00:43:00	07:09
21	495	KAILANE ANHAIA	F	F-14-24	21			0 SOUZA SÃO PAULO	00:44:00	00:43:48	07:18
22	45	JÚLIA MORAES DA CRUZ CANEDO	F	F-14-24	22			0	08:14:20	00:43:56	07:19
23	428	EMILY IBUSUKI	F	F-14-24	23			0 KURITA TEAM	00:44:49	00:44:49	07:27
24	163	LAVÍNIA RAFAELLY PIRES DE O	F	F-14-24	24			0	00:47:31	00:47:02	07:49
25	337	KÁTIA MAYUMI KAWAGUSHI	F	F-14-24	25			0 EQUIPE ENERGIA	00:47:47	00:47:29	07:54
26	113	GIOVANNA CAMILLY DUARTE GODI	F	F-14-24	26			0	00:51:39	00:50:56	08:28
27	101	THAILA YUMI ANHAIA DE MORAES	F	F-14-24	27			0	00:53:13	00:53:13	08:51

CATEGORIA : F-25-29

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	44	JASMINE KÉSIA MARQUES SABINO	F	F-25-29	1			0	08:01:16	00:30:50	05:07
2	353	ISABELA LOPES DE LIMA	F	F-25-29	2			0 FURIA DA LUZ	08:01:07	00:30:51	05:08
3	534	ANA PAULA L. K. HAMAGUCHI	F	F-25-29	3			0	00:33:07	00:32:45	05:27
4	423	MARIA CLARA GODINHO DA SILVA	F	F-25-29	4			0 I9 CENTRO DE TREINAM	00:33:28	00:32:52	05:28
5	411	EMANUELE CRISTINA ALMEIDA SO	F	F-25-29	5			0 I9 CENTRO DE TREINAM	00:33:56	00:33:40	05:36
6	151	SARA PRANISKI	F	F-25-29	6			0	00:35:25	00:35:09	05:51
7	112	THAIS MARIANO AIRES DE OLIVE	F	F-25-29	7			0	00:35:30	00:35:26	05:54
8	63	KARINA SATIE KANNO	F	F-25-29	8			0	00:36:06	00:35:51	05:58
9	102	GABRIELA DA COSTA LEITE	F	F-25-29	9			0	00:37:16	00:36:52	06:08
10	79	JÉSSICA MIMOTO	F	F-25-29	10			0	00:38:17	00:37:40	06:16
11	155	ELISAMA CAMARGO GOMES DE PRO	F	F-25-29	11			0	00:38:38	00:38:24	06:24
12	331	MIRIAN ESTEFANI DOS SANTOS M	F	F-25-29	12			0 EQUIPE ENERGIA	00:39:15	00:38:26	06:24
13	330	SOPHIA TENÓRIO	F	F-25-29	13			0 EQUIPE ENERGIA	00:39:22	00:38:32	06:25

14	68 DÉBORA GABRIELA DE OLIVEIRA	F	F-25-29	14	0	00:38:49	00:38:49	06:27
15	334 RAPHAELA BEATRIZ RIOS	F	F-25-29	15	0 EQUIPE ENERGIA	00:38:51	00:38:51	06:28
16	87 THAINARA LARISSA	F	F-25-29	16	0	00:39:21	00:39:17	06:32
17	403 GABRIELA AGAPITO FERNANDES	F	F-25-29	17	0 I9 CENTRO DE TREINAM	00:40:15	00:39:56	06:39
18	53 DÉBORA MARIA DA SILVA CARDOS	F	F-25-29	18	0	00:40:15	00:40:15	06:42
19	64 QUEREN MIQUELINO BASTOS	F	F-25-29	19	0	00:41:29	00:40:55	06:48
20	277 GRAZIELLE AP. GONÇALVES DA S	F	F-25-29	20	0 EQUIPE ENERGIA	00:41:25	00:41:12	06:51
21	176 INGRID DE OLIVEIRA GRANJEIRO	F	F-25-29	21	0	00:41:27	00:41:27	06:54
22	111 MARISTELA AMARO	F	F-25-29	22	0	00:44:54	00:44:28	07:24
23	341 AMANDA PIRES	F	F-25-29	23	0 FAMÍLIA PIRES	00:46:31	00:45:51	07:38
24	37 KARINA DA SILVA OLIVEIRA	F	F-25-29	24	0	08:17:37	00:46:45	07:47
25	323 FERNANDA MACIEL	F	F-25-29	25	0 EQUIPE ENERGIA	00:47:15	00:46:46	07:47
26	407 NATASHA RODRIGUES RIBEIRO	F	F-25-29	26	0 I9 CENTRO DE TREINAM	00:47:50	00:47:17	07:52
27	280 JAQUELINE RODRIGUES	F	F-25-29	27	0 EQUIPE ENERGIA	00:50:14	00:50:14	08:22
28	429 THAÍS CAROLINA DE OLIVEIRA G	F	F-25-29	28	0 KURITA TEAM	00:51:38	00:50:33	08:25

CATEGORIA : F-30-34

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
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1	246	ROSIMEIRE VIEIRA GONÇALVES	F	F-30-34	1			0 EQUIPE ENERGIA	07:59:48	00:29:24	04:54
2	260	ROSANA MARIA DA SILVA	F	F-30-34	2			0 EQUIPE ENERGIA	00:30:16	00:30:11	05:01
3	396	EVELLYN CRISTINA LEITE FERRE	F	F-30-34	3			0 I9 CENTRO DE TREINAM	00:30:20	00:30:13	05:01
4	393	STEFHANI FOGAÇA RIBEIRO	F	F-30-34	4			0 I9 CENTRO DE TREINAM	00:30:58	00:30:46	05:07
5	530	VANESSA	F	F-30-34	5			0	08:02:01	00:31:45	05:17
6	443	JESSICA KURITA	F	F-30-34	6			0 KURITA TEAM	00:31:58	00:31:49	05:18
7	335	AMANDA FABRICIO DA SILVA	F	F-30-34	7			0 EQUIPE ENERGIA	00:32:24	00:32:20	05:22
8	224	DAFINE MARROCHELI AMÉRICO	F	F-30-34	8			0 ATLETISMO PIEDADE	00:32:38	00:32:24	05:24
9	13	MAYUMI KIMOTO	F	F-30-34	9			0	08:03:57	00:33:42	05:36
10	436	LAISA RIBEIRO PINTO	F	F-30-34	10			0 KURITA TEAM	00:35:04	00:34:53	05:48
11	59	JANAÍNA FERREIRA	F	F-30-34	11			0	00:35:04	00:34:54	05:48
12	52	DANIELLE RODRIGUES DA SILVA	F	F-30-34	12			0	00:36:06	00:35:41	05:56
13	389	JULIANA SARA FERNANDES DA SI	F	F-30-34	13			0 I9 CENTRO DE TREINAM	00:36:24	00:36:04	06:00
14	322	CAMILA ESTEPHANY SILVEIRA MA	F	F-30-34	14			0 EQUIPE ENERGIA	00:36:54	00:36:22	06:03
15	467	FRANCIELE MARIANE DIAS DE OL	F	F-30-34	15			0 OS AVENTUREIROS	00:36:53	00:36:32	06:04
16	189	JESSICA SOARES DA SILVA	F	F-30-34	16			0 A	00:37:32	00:36:54	06:09
17	455	AGUIDA MARIA DE OLIVEIRA SIL	F	F-30-34	17			0 MUTLEY SPORTS TEAM	00:37:13	00:37:06	06:10
18	376	JANAINA MARIA DA ROCHA DE PA	F	F-30-34	18			0 I9 CENTRO DE TREINAM	00:37:25	00:37:19	06:12
19	294	ESTEFANY LUZIA ALVES DA SILV	F	F-30-34	19			0 EQUIPE ENERGIA	00:38:21	00:37:45	06:17
20	66	JULIANE K CUNHA DE PROENCA	F	F-30-34	20			0	00:38:28	00:37:50	06:18
21	82	KARLA FERNANDA SANCHES RODRI	F	F-30-34	21			0	00:38:08	00:38:05	06:20
22	397	MARIA CAROLINE LEMES	F	F-30-34	22			0 I9 CENTRO DE TREINAM	00:38:47	00:38:23	06:23
23	251	PALOMA DA PENHA AMARO	F	F-30-34	23			0 EQUIPE ENERGIA	08:10:06	00:39:19	06:33
24	264	PRISCILA DIAS DE OLIVEIRA	F	F-30-34	24			0 EQUIPE ENERGIA	00:40:02	00:39:32	06:34
25	473	THAYNE DOS SANTOS ROSA	F	F-30-34	25			0 PIEDADE	00:40:07	00:39:42	06:36
26	14	ESTELA DE CAMARGO MORAES	F	F-30-34	26			0	08:10:18	00:39:59	06:39
27	373	BIANCA BORGATTO NUNES	F	F-30-34	27			0 I9 CENTRO DE TREINAM	00:40:30	00:40:30	06:45
28	67	DAYANE OLIVEIRA GOMES DA SIL	F	F-30-34	28			0	00:42:18	00:41:43	06:57
29	161	THAMIRES APARECIDA DA SILVA	F	F-30-34	29			0	00:42:30	00:42:00	07:00
30	320	CAMILA SALVETTI	F	F-30-34	30			0 EQUIPE ENERGIA	00:42:14	00:42:14	07:01
31	32	KELLY CRISTINA DE SOUSA BATI	F	F-30-34	31			0	08:13:46	00:43:08	07:10
32	336	THAIS GUAZELI DOS SANTOS DE	F	F-30-34	32			0 EQUIPE ENERGIA	00:43:44	00:43:21	07:13
33	129	MONICA BENEDITA VIEIRA	F	F-30-34	33			0	00:46:07	00:45:41	07:36
34	100	FERNANDA HELLEN DA SILVA CAM	F	F-30-34	34			0	00:46:30	00:45:49	07:37
35	236	PAULA	F	F-30-34	35			0 CASCA DE BALA	00:47:55	00:47:22	07:53

36	26 NATASCHA MOÑIOS	F	F-30-34	36	0	08:17:59	00:47:35	07:55
37	43 DIANA CARDOSO	F	F-30-34	37	0	08:21:01	00:50:19	08:22
38	384 TASSIANE LEITE	F	F-30-34	38	0 I9 CENTRO DE TREINAM	00:52:03	00:51:48	08:37
39	148 CAROLINE DA SILVA QUEIROZ	F	F-30-34	39	0	00:53:04	00:52:44	08:46
40	128 DÉBORA ALVES HOPPER PINHEIRO	F	F-30-34	40	0	00:55:41	00:55:06	09:10
41	234 LISANDRA MUNIZ ARRUDA	F	F-30-34	41	0 CASCA DE BALA	00:55:57	00:55:22	09:13
42	250 MARCELA APARECIDA AMARO	F	F-30-34	42	0 EQUIPE ENERGIA	08:10:25	08:10:25	21:43

CATEGORIA : F-35-39

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
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1	210	MARILZA DO NASCIMENTO	F	F-35-39	1			0 ACTION/PILAR RUNNERS	07:56:38	00:26:21	04:23
2	422	VALÉRIA DE FÁTIMA BATISTA	F	F-35-39	2			0 I9 CENTRO DE TREINAM	00:29:19	00:29:10	04:51
3	548	GRAZIELA APARECIDA TENORIO	F	F-35-39	3			0	00:29:37	00:29:10	04:51
4	478	ALINE GONÇALVES PINTO	F	F-35-39	4			0 RUN UP	07:59:37	00:29:21	04:53
5	520	PRISCILA DE OLIVEIRA DOS ANJ	F	F-35-39	5			0 VAMU CORRER IBIÚNA	08:00:56	00:30:30	05:04
6	394	DANIELE DOS SANTOS ANDRADE	F	F-35-39	6			0 I9 CENTRO DE TREINAM	00:31:07	00:30:59	05:09
7	417	TALITA VALERIA VAZ	F	F-35-39	7			0 I9 CENTRO DE TREINAM	00:31:42	00:31:22	05:13
8	345	RANIELE TEIXEIRA BISPO	F	F-35-39	8			0 FIT STUDIO CYNTHIA S	00:32:07	00:31:59	05:19
9	186	RENATA PEDROSO DE OLIVEIRA F	F	F-35-39	9			0	00:32:16	00:32:08	05:21
10	185	LETICIA OLIVEIRA	F	F-35-39	10			0	00:32:47	00:32:41	05:26
11	462	EDINÉIA DE MORAES DA CRUZ TE	F	F-35-39	11			0 NÉIA MORAES	08:04:46	00:34:20	05:43
12	551	CAROLINA SIMOES BARROS	F	F-35-39	12			0	08:05:31	00:35:06	05:51
13	62	LARISSA FAVERO DE CAMARGO	F	F-35-39	13			0	00:35:53	00:35:22	05:53
14	164	CRISTIANE KOSHIKUMO	F	F-35-39	14			0	00:35:45	00:35:41	05:56
15	390	SILMARA APARECIDA PEDROSO	F	F-35-39	15			0 I9 CENTRO DE TREINAM	00:36:10	00:35:55	05:58
16	76	ANA PAULA FERNANDES RIBEIRO	F	F-35-39	16			0	00:36:27	00:36:15	06:02
17	95	PALOMA APARECIDA LEITE	F	F-35-39	17			0	00:36:56	00:36:42	06:06
18	439	GLASIELA ISABELE CAMARGO PER	F	F-35-39	18			0 KURITA TEAM	00:37:09	00:36:51	06:08
19	379	HELENA YUMI MIMOTO	F	F-35-39	19			0 I9 CENTRO DE TREINAM	00:38:17	00:37:39	06:16
20	144	MICHELLE TOLEDO	F	F-35-39	20			0	00:38:46	00:38:03	06:20
21	56	VANESSA CAMARGO	F	F-35-39	21			0	00:38:06	00:38:06	06:21
22	254	MARIANA DE ALMEIDA SOLEIRA X	F	F-35-39	22			0 EQUIPE ENERGIA	08:10:00	00:39:40	06:36
23	7	BIANCA CAROLINA DE BARROS DI	F	F-35-39	23			0	08:11:40	00:41:14	06:52
24	167	VALERIA FERNANDA	F	F-35-39	24			0	00:42:35	00:42:02	07:00
25	514	GISELE ARANHA SCHOWE	F	F-35-39	25			0 TEAM GB IBIÚNA	00:42:32	00:42:20	07:03
26	197	DAIANE CRISTINA DE OLIVEIRA	F	F-35-39	26			0 AASP	08:13:24	00:42:57	07:09
27	432	GRAZIELE GARCIA PIRES DE CAM	F	F-35-39	27			0 KURITA TEAM	00:43:51	00:43:11	07:11
28	89	AMANDA APARECIDA MARIA CLAUD	F	F-35-39	28			0	00:43:45	00:43:38	07:16
29	11	FLÁVIA DE MORAES NASCIMENTO	F	F-35-39	29			0	08:14:03	00:43:38	07:16
30	273	CAMILA RODRIGUES CARO	F	F-35-39	30			0 EQUIPE ENERGIA	00:46:50	00:46:13	07:42
31	332	JESSICA SOARES TURA	F	F-35-39	31			0 EQUIPE ENERGIA	00:50:12	00:49:30	08:15
32	196	RAÍRA RAYMUNDO DA SILVA	F	F-35-39	32			0 AASP	08:13:25	08:13:25	22:13

CATEGORIA : F-40-44

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	490	ERICA DOS SANTOS PROENÇA CAR	F	F-40-44	1			0 SELJ PILAR DO SUL	07:57:16	00:26:58	04:29
2	248	SIMONE PRADO DE OLIVEIRA LOB	F	F-40-44	2			0 EQUIPE ENERGIA	07:58:27	00:28:06	04:40
3	488	JANAINA DE FÁTIMA ALMEIDA	F	F-40-44	3			0 SELJ PILAR DO SUL	07:59:23	00:29:04	04:50
4	412	GISELE DE MORAES	F	F-40-44	4			0 I9 CENTRO DE TREINAM	00:31:00	00:30:47	05:07
5	387	MARISTELA BORTOLINI	F	F-40-44	5			0 I9 CENTRO DE TREINAM	00:32:53	00:32:36	05:25

6	226	JOSANA FERREIRA GARBETO	F	F-40-44	6	0	ATLETISMO PILAR DO S	08:03:01	00:32:38	05:25
7	289	SIMONE APARECIDA PEDROSO T	F	F-40-44	7	0	EQUIPE ENERGIA	00:34:09	00:33:42	05:36
8	523	TATIANE APARECIDA ALVES CASS	F	F-40-44	8	0	VAMU CORRER IBIÚNA	08:05:11	00:34:53	05:48
9	230	VIVIAN GONÇALVES MACEDO	F	F-40-44	9	0	BELAS DA CORRIDA	08:05:24	00:35:05	05:50
10	119	DANIELE SOLANGE FISCHER	F	F-40-44	10	0		00:36:06	00:35:50	05:58
11	169	ANA MARA PINHEIRO DOS SANTOS	F	F-40-44	11	0		00:36:35	00:36:24	06:03
12	283	ANA CAROLINA ANDRADE ALMEIDA	F	F-40-44	12	0		00:37:11	00:36:41	06:06
13	105	ALINE ESPIM	F	F-40-44	13	0		00:36:57	00:36:43	06:06
14	438	APARECIDA	F	F-40-44	14	0	KURITA TEAM	00:37:25	00:36:58	06:09
15	268	FLAVIANE LUIZA EMIDIO	F	F-40-44	15	0	EQUIPE ENERGIA	00:38:03	00:37:56	06:19
16	352	LUANA TEIXEIRA MONT ALVAO	F	F-40-44	16	0	FURIA DA LUZ	08:08:25	00:38:04	06:20
17	399	ELIANE FERNANDES SANTOS	F	F-40-44	17	0	I9 CENTRO DE TREINAM	00:38:06	00:38:06	06:21
18	313	SUZANA SAYURI HIROSUE ONO	F	F-40-44	18	0	EQUIPE ENERGIA	00:39:47	00:38:34	06:25
19	386	DANIELE ROCHA	F	F-40-44	19	0	I9 CENTRO DE TREINAM	00:38:48	00:38:48	06:27
20	471	TIZIANE CAMPOS MACIEL	F	F-40-44	20	0	PFC	00:39:45	00:39:13	06:31
21	98	ANALI DAL BELLO GUARINI LANZ	F	F-40-44	21	0		00:39:22	00:39:22	06:33
22	141	PATRÍCIA AMBIRES PEREIRA DOM	F	F-40-44	22	0		00:39:45	00:39:24	06:33
23	131	FABRIOLA ALVES DE ABREU NICO	F	F-40-44	23	0		00:41:38	00:41:38	06:55
24	367	JULIANA MUZZI CORDEIRO LAGE	F	F-40-44	24	0	GRAZIELA PERSONAL	00:42:10	00:41:43	06:57
25	134	KARINA ABDUL NOUR TIOSSO	F	F-40-44	25	0		00:42:44	00:42:11	07:01
26	149	ARLENE CRISTINA LOUZANO DA S	F	F-40-44	26	0		00:43:32	00:42:53	07:08
27	171	SHEILA PEDROSO DE FRANÇA	F	F-40-44	27	0		00:43:46	00:43:12	07:12
28	235	FRANCINE RODRIGUES FERRAZ AN	F	F-40-44	28	0	CASCA DE BALA	00:44:44	00:44:11	07:21
29	8	DANIELE PIRES VAZ	F	F-40-44	29	0		08:17:32	00:46:50	07:48
30	93	LEDA CECÍLIA LOUREIRO	F	F-40-44	30	0		00:47:51	00:47:15	07:52
31	549	CRISLAINE ANDRADE	F	F-40-44	31	0		00:47:54	00:47:19	07:52
32	193	FERNANDA REGINA MONTEIRO CIR	F	F-40-44	32	0	AASP	08:24:49	00:53:56	08:58
33	97	ANDREIA TADDEI DAS NEVES IVO	F	F-40-44	33	0		00:54:18	00:54:18	09:03
34	547	CARMEM SILVIA TEIXEIRA	F	F-40-44	34	0		08:23:17	08:23:17	23:52

CATEGORIA : F-45-49

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	573	FATIMA PRATINI	F	F-45-49	1			0	07:56:47	00:26:28	04:24
2	259	LUCIANA PEDROSO LEMES	F	F-45-49	2			0 EQUIPE ENERGIA	00:30:02	00:29:57	04:59
3	198	ANDREIA	F	F-45-49	3			0 AASP	08:01:36	00:31:14	05:12
4	49	MARA LÚCIA BARDUZI CAETANO D	F	F-45-49	4			0	00:31:52	00:31:48	05:18
5	496	ELIANE PEREIRA GOMES	F	F-45-49	5			0 SPS RUN	08:02:39	00:32:06	05:21
6	374	VANIA MARIA DA SILVA	F	F-45-49	6			0 I9 CENTRO DE TREINAM	08:02:33	00:32:08	05:21
7	104	CLAUDIA	F	F-45-49	7			0	00:34:36	00:34:07	05:40
8	47	ELIANA DE FATIMA ROSA ALMEID	F	F-45-49	8			0	08:04:39	00:34:08	05:40
9	269	ROSANGELA DIAS DE MORAES ARA	F	F-45-49	9			0 EQUIPE ENERGIA	00:34:58	00:34:47	05:47
10	35	ANA PAULA GARCIA DE OLIVEIRA	F	F-45-49	10			0	08:05:22	00:34:53	05:48
11	257	EDINEIA RODRIGUES DA SILVA	F	F-45-49	11			0 EQUIPE ENERGIA	00:35:29	00:35:05	05:50
12	61	MARIA DAS GRAÇAS BRITO	F	F-45-49	12			0	00:35:49	00:35:29	05:54
13	404	GIANE DE MORAES AGAPITO FERN	F	F-45-49	13			0 I9 CENTRO DE TREINAM	00:37:57	00:37:40	06:16
14	240	ANGELA APARECIDA DE ALMEIDA	F	F-45-49	14			0 CORRIDA PERFEITA	08:08:43	00:37:47	06:17
15	187	MARILSA DA SILVA PEREIRA	F	F-45-49	15			0	00:38:05	00:37:49	06:18
16	178	CARINA BUENO ANTUNES	F	F-45-49	16			0	00:38:22	00:37:50	06:18
17	22	RENATA CRISTINA LANDSMANN	F	F-45-49	17			0	08:08:50	00:37:56	06:19
18	408	QUEILA ALVES DE MATTOS LAGOE	F	F-45-49	18			0 I9 CENTRO DE TREINAM	00:38:41	00:38:08	06:21
19	183	VANESSA VIEIRA SOLUNA	F	F-45-49	19			0	00:38:39	00:38:10	06:21
20	350	SELMA ROBERTA SAMPAIO	F	F-45-49	20			0 FURIA DA LUZ	08:09:33	00:39:12	06:31
21	395	ANA LUCIA CERQUEIRA CESAR DE	F	F-45-49	21			0 I9 CENTRO DE TREINAM	00:40:37	00:40:23	06:43

22	91	SUELI S. U. IBUSUKI	F	F-45-49	22	0		00:41:42	00:41:24	06:54
23	405	MARIA AGNES DE OLIVEIRA	F	F-45-49	23	0	I9 CENTRO DE TREINAM	00:42:10	00:41:37	06:55
24	511	JUSCILENE VIEIRA	F	F-45-49	24	0	TEAM GB IBIÚNA	08:12:42	00:42:05	07:00
25	401	ARLETE APARECIDA DA SILVA	F	F-45-49	25	0	I9 CENTRO DE TREINAM	00:42:41	00:42:23	07:03
26	418	SELMA XAVIER DE OLIVEIRA ROD	F	F-45-49	26	0	I9 CENTRO DE TREINAM	00:43:57	00:43:57	07:19
27	301	LUCINÉIA ANHAIA DE MORAES	F	F-45-49	27	0	EQUIPE ENERGIA	00:49:37	00:48:56	08:09
28	123	VANESSA YUMI BISTAFÁ HÓRI	F	F-45-49	28	0		00:50:23	00:50:01	08:19
29	315	VANILDA VIEIRA MARTINS DA SI	F	F-45-49	29	0	EQUIPE ENERGIA	00:53:12	00:52:53	08:48
30	4	ROSANGELA MIRANDA	F	F-45-49	30	0		08:27:17	00:56:42	09:27

CATEGORIA : F-50-54

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	346	SONIA PEDROSO DIAS TENÓRIO	F	F-50-54	1			0 FLAY RUNNERS	07:57:08	00:26:53	04:28
2	253	LUCILENE PEREIRA AMARO	F	F-50-54	2			0 EQUIPE ENERGIA	08:03:07	00:32:09	05:21
3	266	LUCIA XAVIER DE CAMARGO MI	F	F-50-54	3			0 EQUIPE ENERGIA	00:33:09	00:33:04	05:30
4	458	TEREZA MORAES DA CRUZ	F	F-50-54	4			0 NÉIA MORAES	08:03:29	00:33:06	05:30
5	217	MARCIA HISAE SAZIKI MATSUO	F	F-50-54	5			0 ATLETISMO KAIKAN	00:34:09	00:33:55	05:39
6	300	KATIA CILENE TARDELLI DE CAM	F	F-50-54	6			0 EQUIPE ENERGIA	00:34:18	00:34:10	05:41
7	278	SILVANA VIEIRA PINTO	F	F-50-54	7			0 EQUIPE ENERGIA	00:43:35	00:34:49	05:48
8	486	ISA MARIA MARQUES VIEIRA	F	F-50-54	8			0 SELJ PILAR DO SUL	08:06:09	00:35:52	05:58
9	206	ELISA MARIA SEABRA DA SILVA	F	F-50-54	9			0 ACADEMIA BANCÁRIOS	08:06:28	00:36:07	06:00
10	94	ALESSANDRA LUCAS VIEIRA BORT	F	F-50-54	10			0	00:38:58	00:38:45	06:27
11	23	APARECIDA RODRIGUES DOS SANT	F	F-50-54	11			0	08:12:37	00:41:50	06:58
12	491	ELIANE DIAS DE OLIVEIRA	F	F-50-54	12			0 SELJ PILAR DO SUL	08:12:57	00:42:38	07:06
13	172	CIRLEY DA SILVA	F	F-50-54	13			0	00:43:58	00:43:34	07:15
14	324	SHEILA SIMÓES DE JESUS	F	F-50-54	14			0 EQUIPE ENERGIA	00:52:39	00:52:11	08:41
15	325	CRISTIANE APARECIDA DE ALMEI	F	F-50-54	15			0 EQUIPE ENERGIA	00:55:39	00:55:11	09:11

CATEGORIA : F-55-59

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	69	CELIA DE SOUZA PELLANI	F	F-55-59	1			0	00:32:59	00:32:54	05:28
2	216	LUCIMARI CAITANO	F	F-55-59	2			0 ATLETA	00:33:52	00:33:41	05:36
3	327	SANDRA LEMES DA SILVA	F	F-55-59	3			0 EQUIPE ENERGIA	00:34:46	00:34:08	05:40
4	413	NEIDE ZABÓTI	F	F-55-59	4			0 I9 CENTRO DE TREINAM	00:34:27	00:34:13	05:42
5	364	ROSELI DE BARROS FIGUEREDO	F	F-55-59	5			0 GILS VEÍCULOS	00:35:08	00:34:51	05:48
6	299	ELIZA YORIKO ONO DE CAMAR	F	F-55-59	6			0 EQUIPE ENERGIA	00:39:49	00:38:35	06:25
7	489	SÔNIA YOKO TOYODA	F	F-55-59	7			0 SELJ PILAR DO SUL	08:08:58	00:38:36	06:25
8	378	MONICA CORREA ALVES	F	F-55-59	8			0 I9 CENTRO DE TREINAM	00:45:37	00:45:08	07:31
9	83	JUSSARA XAVIER DA SILVA MARI	F	F-55-59	9			0	00:50:00	00:46:30	07:45
10	272	SANDRA EMIDIO DE SOUZA BOTTO	F	F-55-59	10			0 EQUIPE ENERGIA	00:49:34	00:48:59	08:09

CATEGORIA : F-60-64

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	435	VERA LUCIA DIAS DE CAMARGO	F	F-60-64	1			0 KURITA TEAM	00:33:05	00:33:00	05:30
2	485	SHIRLEY DE MELO CARVALHO	F	F-60-64	2			0 SELJ PILAR DO SUL	08:03:32	00:33:15	05:32
3	258	PLACIDINA DA ROSA SILVA	F	F-60-64	3			0 EQUIPE ENERGIA	00:38:16	00:38:04	06:20
4	303	MARIA APARECIDA MATIUSSO	F	F-60-64	4			0 EQUIPE ENERGIA	00:39:48	00:39:28	06:34

5	58 MIRIAN MIYUKI SHIRATA JOLOND	F	F-60-64	5	0	00:39:48	00:39:40	06:36
6	256 MARA CRISTINA BRASIL SOARES	F	F-60-64	6	0 EQUIPE ENERGIA	00:41:05	00:40:36	06:45

CATEGORIA : F-65-69

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	392	DINAMERES PINHEIRO	F	F-65-69	1			0 I9 CENTRO DE TREINAM	00:37:19	00:37:04	06:10
2	307	KIOKO TAKAHASHI	F	F-65-69	2			0 EQUIPE ENERGIA	00:53:23	00:53:07	08:51
3	509	ANTONIA BARBOSA ÁGUA	F	F-65-69	3			0 SPSRUN	08:13:12	08:13:12	22:12

CATEGORIA : F-70+

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	296	MARIA ELZA DA CRUZ	F	F-70+	1			0 EQUIPE ENERGIA	00:50:59	00:50:43	08:27

CATEGORIA : M-14-24

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	143	LODISON DA ROSA FERREIRA	M	M-14-24	1			0	00:23:04	00:23:02	03:49
2	28	NATÃ LAUREANO	M	M-14-24	2			0	07:53:32	00:23:17	03:52
3	81	ADRIAN VENÂNCIO AMÉRICO DE J	M	M-14-24	3			0	00:24:24	00:24:21	04:03
4	29	HENRIQUE BITTENCOURT	M	M-14-24	4			0	07:57:53	00:27:18	04:33
5	40	LEONARDO KALLIEL DE SOUZA GO	M	M-14-24	5			0	07:58:31	00:27:44	04:37
6	159	RAPHAEL RYUKI SHIMIZU	M	M-14-24	6			0	00:28:17	00:28:10	04:41
7	340	MURILO TAKASHI OMORI	M	M-14-24	7			0 EQUIPE OMORI	00:29:17	00:29:01	04:49
8	33	JOAO PEDRO MARTINS MENDES	M	M-14-24	8			0	07:59:36	00:29:12	04:51
9	92	BRENO HENRIQUE ALVES DA SILV	M	M-14-24	9			0	00:29:56	00:29:51	04:58
10	213	MIGUEL AUGUSTO DA SILVA	M	M-14-24	10			0 AMADOR	00:31:01	00:30:53	05:08
11	139	GUSTAVO ABREU	M	M-14-24	11			0	00:31:23	00:31:15	05:12
12	371	RONALD RYAN ROSA DO ESPÍRITO	M	M-14-24	12			0 I9 CENTRO DE TREINAM	00:32:11	00:31:58	05:19
13	314	CAIO HIKARU ONO	M	M-14-24	13			0 EQUIPE ENERGIA	00:34:35	00:33:23	05:33
14	117	PEDRO HENRIQUE SEABRA SANTOS	M	M-14-24	14			0	00:34:05	00:33:48	05:37
15	524	LUAN COSTA	M	M-14-24	15			0 VCI	08:04:13	00:33:57	05:39
16	170	EDER GABRIEL	M	M-14-24	16			0	00:36:55	00:36:25	06:03
17	71	GUSTAVO HENRIQUE VIEIRA PERE	M	M-14-24	17			0	00:38:32	00:38:24	06:24
18	295	DENNIS ALVES DE PONTES	M	M-14-24	18			0 EQUIPE ENERGIA	00:40:28	00:39:45	06:37
19	400	LUCAS RICARDO FERREIRA	M	M-14-24	19			0 I9 CENTRO DE TREINAM	00:40:52	00:40:32	06:45
20	426	LAIS	M	M-14-24	20			0 KURITA TEAM	00:43:15	00:42:44	07:07
21	446	MATHEUS JOSE DIAS DE OLIVIEI	M	M-14-24	21			0 MOVIMENTO	00:47:42	00:47:42	07:57
22	54	MATEUS FERNANDO XAVIER MARIA	M	M-14-24	22			0	00:54:48	00:51:17	08:32

CATEGORIA : M-25-29

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
1	516	WILLIAN DOS SANTOS MARTINS	M	M-25-29	1			0 TEAM RUNNING	07:52:50	00:22:34	03:45
2	528	RAFAEL HENRIQUE MEDEIROS	M	M-25-29	2			0 WORLD ESPORTES	07:54:52	00:24:34	04:05
3	96	AUGUSTO TAKASHI FUJIMAKI	M	M-25-29	3			0	00:25:45	00:25:38	04:16
4	457	FERNANDO PINTO OLIVEIRA CALD	M	M-25-29	4			0 MX	07:56:16	00:25:57	04:19

5	370	RAÍ AUGUSTO SANTOS SOARES	M	M-25-29	5	0	I9 CENTRO DE TREINAM	00:26:19	00:26:13	04:21
6	463	MURILO MILANO LOCHTER	M	M-25-29	6	0	NEXXUS	00:26:15	00:26:14	04:22
7	88	LUCAS MEIRA DE SOUZA	M	M-25-29	7	0		00:27:55	00:27:31	04:34
8	138	MIZAEI ANTÔNIO MOREIRA DE PO	M	M-25-29	8	0		00:28:01	00:27:41	04:36
9	540	FERNANDO TAKYCHI	M	M-25-29	9	0		00:27:53	00:27:48	04:37
10	450	GUILHERME VINICIUS DA SILVA	M	M-25-29	10	0	MOVIMENTO	00:27:54	00:27:48	04:37
11	302	PAULO VITOR GONÇALVES NUNES	M	M-25-29	11	0	EQUIPE ENERGIA	00:28:06	00:27:57	04:39
12	223	WESLEY DIAS DE MORAES	M	M-25-29	12	0	ATLETISMO PIEDADE	00:28:02	00:27:58	04:39
13	142	MARCELO RUAN MOREIRA DE PONT	M	M-25-29	13	0		00:30:17	00:30:11	05:01
14	286	LEONARDO OLIVIEIRI JUNIOR	M	M-25-29	14	0	EQUIPE ENERGIA	00:31:00	00:30:11	05:01
15	421	MICHAEL RODRIGUES RIBEIRO	M	M-25-29	15	0	I9 CENTRO DE TREINAM	00:31:00	00:30:31	05:04
16	156	ERICK MISAEL GARCIA SANT'ANA	M	M-25-29	16	0		00:31:06	00:30:53	05:08
17	110	JOÃO GENESIO	M	M-25-29	17	0		00:31:27	00:31:02	05:10
18	298	CESAR MITSUO ONO DE CAMARGO	M	M-25-29	18	0	EQUIPE ENERGIA	00:34:39	00:33:25	05:33
19	120	CARLOS LUAN DOMINGUES DE OLI	M	M-25-29	19	0		00:34:15	00:33:34	05:35
20	382	BRUNO TAKAHAMA	M	M-25-29	20	0	I9 CENTRO DE TREINAM	00:34:23	00:34:12	05:42
21	152	FELIPE CRISTHIAN C G PROENÇA	M	M-25-29	21	0		00:34:27	00:34:14	05:42
22	80	ERICK AKIRA UESUGUI	M	M-25-29	22	0		00:34:35	00:34:26	05:43
23	1	GUILHERME MOTA ANDRADE MESSI	M	M-25-29	23	0		08:04:53	00:34:26	05:43
24	460	VINICIUS MORAES DA CRUZ CANE	M	M-25-29	24	0	NÉIA MORAES	08:05:46	00:35:23	05:53
25	228	VALTER GABRIEL DOS PASSOS CA	M	M-25-29	25	0	AUTO PEÇAS TORETTA	08:06:05	00:35:50	05:58
26	233	VINICIUS CADENAS DAS NEVES	M	M-25-29	26	0	CADENAS	00:37:50	00:37:10	06:11
27	34	DANIEL SEIDIOKABAYASHI	M	M-25-29	27	0		08:14:41	00:43:43	07:16
28	328	JURANDIR PIRES DA SILVA JUNI	M	M-25-29	28	0	EQUIPE ENERGIA	00:46:07	00:45:31	07:34

CATEGORIA : M-30-34

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
====	=====	=====	====	=====	=====	=====	=====	=====	=====	=====	=====
1	521	ROBSON HENRIQUE ARAUJO DOS S	M	M-30-34	1		0	VAMU CORRER IBIÚNA	07:51:09	00:20:53	03:28
2	2	TIAGO LAURIANO COPELLI	M	M-30-34	2		0		07:53:08	00:22:33	03:45
3	527	CLEITON FRANCISCO	M	M-30-34	3		0	WORDSPOR	07:53:32	00:23:16	03:52
4	121	THIAGO HENRIQUE DE OLIVEIRA	M	M-30-34	4		0		00:23:31	00:23:26	03:54
5	25	HIRAM YUGURO SHIRATA	M	M-30-34	5		0		07:53:59	00:23:40	03:56
6	229	ADRIANO SILVA DE JESUS	M	M-30-34	6		0	AUTOPECASTORETTO	07:53:56	00:23:41	03:56
7	529	RAFAEL VIEIRA DE JESUS	M	M-30-34	7		0	WORLD ESPORTES	07:54:05	00:23:49	03:57
8	515	RENAN S DE QUEIROZ	M	M-30-34	8		0	TEAM QUEIROZ	07:55:07	00:24:51	04:08
9	474	DAVI VIEIRA ANTUNES	M	M-30-34	9		0	PILAR DO SUL	07:56:13	00:25:55	04:18
10	440	GILMAR PEREIRA JÚNIOR	M	M-30-34	10		0	KURITA TEAM	00:26:58	00:26:48	04:27
11	312	CARLOS ROGÉRIO BITTENCOURT	M	M-30-34	11		0	EQUIPE ENERGIA	00:27:10	00:27:06	04:30
12	252	ANDERSON TADEU DA SILVA	M	M-30-34	12		0	EQUIPE ENERGIA	07:58:25	00:27:47	04:37
13	231	MATHEUS VEIGA	M	M-30-34	13		0	BURNOUTINHO	00:28:31	00:28:22	04:43
14	466	LUÍZ FERNANDO DOS SANTOS MAR	M	M-30-34	14		0	OPEN TRAINER	00:29:31	00:29:24	04:54
15	533	LINCOLN MAKOTO KAWAKAMI	M	M-30-34	15		0		00:33:07	00:32:44	05:27
16	517	HENRIQUE CAMARGO BLEY	M	M-30-34	16		0	UDG	00:33:30	00:32:50	05:28
17	36	RAFAEL HENRIQUE BARBOSA	M	M-30-34	17		0		08:03:22	00:32:59	05:29
18	72	LEANDRO MENDES DE MORAIS	M	M-30-34	18		0		00:34:15	00:33:35	05:35
19	55	JACKSON FLAUZINO	M	M-30-34	19		0		00:34:11	00:33:40	05:36
20	179	ANDRE LUIZ FAVARETTO	M	M-30-34	20		0		00:35:05	00:34:45	05:47
21	232	GUILHERME JOSÉ VAZ DE OLIVEI	M	M-30-34	21		0	CADENAS	08:06:01	00:35:00	05:49
22	464	GILSON ANTONIO DE CAMARGO FI	M	M-30-34	22		0	NOPACE	00:37:13	00:36:27	06:04
23	57	RUBENS HIDEO KANNO	M	M-30-34	23		0		00:37:13	00:37:02	06:10
24	27	VINICIUS MOÑIOS	M	M-30-34	24		0		08:08:53	00:38:28	06:24
25	468	ADAILTON DE MORAIS PEREIRA	M	M-30-34	25		0	OS AVENTUREIROS	00:39:19	00:38:53	06:28
26	402	MARCOS ANTÔNIO FURQUIM RIBEI	M	M-30-34	26		0	I9 CENTRO DE TREINAM	00:40:15	00:39:58	06:39

27	42	BRUNO DOS SANTOS LOPES	M	M-30-34	27	0	08:21:01	00:50:20	08:22		
CATEGORIA : M-35-39											
COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
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1	494	EMERSON BORGES MALFA	M	M-35-39	1		0	SORAYA TELLES.	07:53:55	00:23:39	03:56
2	238	LUCAS GABRIEL NOGUEIRA SILVA	M	M-35-39	2		0	CORREDORES ZONA NORT	07:54:17	00:24:01	04:00
3	470	ÍTALO DIAS	M	M-35-39	3		0	PEIXEPRÓ	07:55:21	00:25:05	04:10
4	535	EDSON EMANUEL JUNIOR DE LIMA	M	M-35-39	4		0	PIEDADE	00:25:21	00:25:20	04:13
5	480	ADRIANO DE BRITO BRUNO	M	M-35-39	5		0	RUNNERS ALUMÍNIO	07:55:37	00:25:20	04:13
6	137	ALEX SEIJI OMORI	M	M-35-39	6		0		00:25:33	00:25:30	04:15
7	65	ROBSON MARCELINO PINTO	M	M-35-39	7		0		00:25:48	00:25:47	04:17
8	241	ROBSON FERNANDO CARDOSO	M	M-35-39	8		0	ÉDEN RACE	07:56:11	00:25:54	04:18
9	410	RENATO FLORA	M	M-35-39	9		0	I9 CENTRO DE TREINAM	00:27:46	00:27:41	04:36
10	362	DANIEL PEREIRA RAMOS	M	M-35-39	10		0	GABINETE	00:28:25	00:28:11	04:41
11	363	MILTON TADEU MENDES FERREIRA	M	M-35-39	11		0	GABINETE	00:28:58	00:28:44	04:46
12	124	RODRIGO	M	M-35-39	12		0		00:28:57	00:28:50	04:48
13	305	JONAS APARECIDO FURTADO	M	M-35-39	13		0	EQUIPE ENERGIA	00:29:59	00:29:39	04:56
14	3	JULIELSON APARECIDO DE OLIVE	M	M-35-39	14		0		08:00:28	00:30:09	05:01
15	441	ODAIR RODRIGUES	M	M-35-39	15		0	KURITA TEAM	00:32:28	00:32:17	05:22
16	30	LEANDRO APARECIDO DE FREITAS	M	M-35-39	16		0		08:03:17	00:32:24	05:24
17	444	MISAEEL DE FARIA PROENÇA	M	M-35-39	17		0	M.X	08:04:01	00:33:41	05:36
18	39	ALEXANDRE LAURIANO COPELLI	M	M-35-39	18		0		08:04:42	00:33:47	05:37
19	60	DIEGO RICARDI DE OLIVEIRA NA	M	M-35-39	19		0		00:35:49	00:35:28	05:54
20	90	FABIO CAMARGO	M	M-35-39	20		0		00:37:42	00:36:57	06:09
21	38	DIEGO GONÇALVES DE SOUZA	M	M-35-39	21		0		08:11:41	00:40:52	06:48
22	15	LUAN DE CAMARGO SILVA	M	M-35-39	22		0		08:14:02	00:43:33	07:15
23	130	CESAR AUGUSTO DE BRITO MACIE	M	M-35-39	23		0		00:53:25	00:52:55	08:48
24	222	RENATO EUGÊNIO DA SILVA JUNI	M	M-35-39	24		0	ATLETISMO PIEDADE	00:53:25	00:53:25	08:54
CATEGORIA : M-40-44											
COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
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1	497	FABIO DIEGO DA CUNHA	M	M-40-44	1		0	SPS RUN	07:53:05	00:22:48	03:48
2	431	EDEL CRISTIANO DOMINGUES	M	M-40-44	2		0	KURITA TEAM	00:23:19	00:23:18	03:52
3	211	JULIANO D BATISTA	M	M-40-44	3		0	ALEMAOZINHO	07:54:02	00:23:47	03:57
4	212	ADÃO GOMES DOS SANTOS	M	M-40-44	4		0	ALEMÃOZINHO	07:54:05	00:23:50	03:58
5	499	DIRCEU RAIMUNDO	M	M-40-44	5		0	SPSRUN	07:54:20	00:24:03	04:00
6	391	PAULO ROBERTO VIEIRA MENINO	M	M-40-44	6		0	I9 CENTRO DE TREINAM	00:25:29	00:25:26	04:13
7	293	ABEL APARECIDO SANTOS	M	M-40-44	7		0	EQUIPE ENERGIA	00:26:18	00:25:49	04:18
8	125	CLEITON ELIAS MACIEL	M	M-40-44	8		0		00:25:57	00:25:50	04:18
9	343	WILSON SILVA DE ALMEIDA	M	M-40-44	9		0	FÁTIKOS	07:57:07	00:26:47	04:27
10	546	JULIO CESAR RODRIGUES	M	M-40-44	10		0		07:57:10	00:26:52	04:28
11	99	RICARDO DELGADO LANZIERI	M	M-40-44	11		0		00:26:59	00:26:57	04:29
12	145	DAVID SOARES DE CAMARGO	M	M-40-44	12		0		00:27:23	00:27:21	04:33
13	188	CASSIANO ANTONIO ALVES	M	M-40-44	13		0	@CORREREUVOU	00:27:28	00:27:23	04:33
14	522	ROBSON TAVARES	M	M-40-44	14		0	VAMU CORRER IBIÚNA	07:58:48	00:28:21	04:43
15	85	ALEXANDRE PINA	M	M-40-44	15		0		00:30:01	00:29:48	04:57
16	359	RAUL LINCOLN DIAS PAIÃO	M	M-40-44	16		0	GABINETE	00:32:18	00:32:04	05:20
17	50	ELTON DOS SANTOS	M	M-40-44	17		0		00:32:48	00:32:25	05:24
18	5	WELLINGTON LUIZ REZENDE	M	M-40-44	18		0		08:03:53	00:33:33	05:35
19	448	EDSON APARECIDO LEITE DA SIL	M	M-40-44	19		0	MOVIMENTO	00:36:05	00:35:52	05:58

20	147	FERNANDO ANTUNES GUIMARÃES T	M	M-40-44	20	0		00:37:44	00:37:04	06:10
21	127	MAICON TOLEDO	M	M-40-44	21	0		00:37:45	00:37:05	06:10
22	41	ÉDER CRISTIANO	M	M-40-44	22	0		08:08:47	00:38:09	06:21
23	140	LUIZ HENRIQUE PINTO	M	M-40-44	23	0		00:38:47	00:38:20	06:22
24	51	IVAN DAS NEVES LEMES	M	M-40-44	24	0		00:38:36	00:38:22	06:23
25	175	LEONARDO VINÍCIUS AMANCIO VI	M	M-40-44	25	0		00:38:56	00:38:56	06:28
26	419	CARLOS LUCAS BARRETOS DE MED	M	M-40-44	26	0	I9 CENTRO DE TREINAM	00:40:07	00:39:34	06:35
27	133	SERGIO AUGUSTO DE ABREU NICO	M	M-40-44	27	0		00:41:37	00:41:03	06:50
28	292	THIAGO SHUMACHER	M	M-40-44	28	0	EQUIPE ENERGIA	00:41:52	00:41:28	06:54
29	513	LUCAS MENDES SCHOWE	M	M-40-44	29	0	TEAM GB IBIÚNA	00:51:21	00:51:09	08:31

CATEGORIA : M-45-49

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	190	DAVID ANTONIO PIRES	M	M-45-49	1			0 AASP	07:53:19	00:23:01	03:49
2	461	SÉRGIO FRANCISCO TEODORO	M	M-45-49	2			0 NÉIA MORAES	07:53:22	00:23:06	03:51
3	204	FLÁVIO UTIDA DE MORAIS	M	M-45-49	3			0 AASP	07:54:21	00:24:05	04:00
4	512	LUIS ARMANDO MARIA	M	M-45-49	4			0 TEAM GB IBIÚNA	07:55:54	00:25:36	04:15
5	445	GEREMIAS GARCIA DE FREITAS F	M	M-45-49	5			0 MONIQUE.JOAO.DAVI	07:57:02	00:26:45	04:27
6	510	MARCOS NUNES	M	M-45-49	6			0 START RUN	00:27:46	00:27:43	04:36
7	442	PAULO KURITA	M	M-45-49	7			0 KURITA TEAM	00:29:15	00:29:06	04:51
8	531	VLADEMIR AMOEDO	M	M-45-49	8			0	08:00:58	00:30:37	05:06
9	349	SANDRO LOPES MESSIAS	M	M-45-49	9			0 FORCE RUNNING	00:31:04	00:30:56	05:09
10	274	GERSON AMERICO RODRIGUES DA	M	M-45-49	10			0 EQUIPE ENERGIA	00:32:28	00:32:13	05:21
11	242	ELCIO ALVES DE JESUS	M	M-45-49	11			0 ELCIOALVES76@GMAIL.C	00:33:14	00:32:39	05:26
12	194	LEANDRO CAMPOS DE ALMEIDA	M	M-45-49	12			0 AASP	08:03:03	00:32:41	05:26
13	430	DANIEL CARVALHO FERNANDES	M	M-45-49	13			0 KURITA TEAM	00:35:15	00:34:06	05:40
14	173	MAURI DE CARVALHO SANTOS	M	M-45-49	14			0	00:34:29	00:34:20	05:43
15	357	LUIS CARLOS GARCIA SOARES	M	M-45-49	15			0 GABINETE	00:36:18	00:36:03	06:00
16	409	ROGER FRANCISCO PEREIRA LAGO	M	M-45-49	16			0 I9 CENTRO DE TREINAM	00:38:41	00:38:41	06:26
17	21	JULIANO ALBERTO CASAGRANDE	M	M-45-49	17			0	08:11:24	00:40:06	06:40
18	70	ANDRÉ LOUREIRO GRANIERI RIBE	M	M-45-49	18			0	00:45:47	00:45:47	07:37
19	245	DENIS PINHEIRO LOPES	M	M-45-49	19			0 EQUIPE ENERGIA	08:23:38	08:23:38	23:55

CATEGORIA : M-50-54

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	483	RIBAMAR LOPES DE OLIVEIRA	M	M-50-54	1			0 SACOLÃO BARCELONA	07:53:58	00:23:40	03:56
2	508	ANTONIO PEREIRA NUNES SOBRIN	M	M-50-54	2			0 SPSRUN	07:55:03	00:24:48	04:07
3	388	VARLEI DONISETTE SANT ANA	M	M-50-54	3			0 I9 CENTRO DE TREINAM	00:26:00	00:25:57	04:19
4	347	SILVIO DIAS TENÓRIO	M	M-50-54	4			0 FLAY RUNNERS	07:57:28	00:27:12	04:31
5	482	JOSÉ CARLOS VASQUES	M	M-50-54	5			0 RUNUP	07:57:44	00:27:21	04:33
6	532	ANTONIO CARLOS AMOEDO	M	M-50-54	6			0	07:57:57	00:27:36	04:36
7	237	AGUINALDO DE CAMARGO	M	M-50-54	7			0 CLANDESTINOS	08:01:59	00:31:39	05:16
8	459	LICIO ESTEVES CANEDO	M	M-50-54	8			0 NÉIA MORAES	08:02:25	00:32:03	05:20
9	414	SATORU TAKAMUNE	M	M-50-54	9			0 I9 CENTRO DE TREINAM	00:33:02	00:32:50	05:28
10	46	JUMAR DE ALMEIDA	M	M-50-54	10			0	08:04:18	00:33:47	05:37
11	288	CLAUDINEI DIAS TENÓRIO	M	M-50-54	11			0 EQUIPE ENERGIA	00:35:44	00:35:24	05:54
12	154	WAGNER GOMES DE PROENÇA	M	M-50-54	12			0	00:37:17	00:36:58	06:09
13	342	CORNÉLIO PIRES DA SILVA	M	M-50-54	13			0 FAMÍLIA PIRES	00:46:30	00:45:48	07:37

CATEGORIA : M-55-59

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	225	ISAIAS VITORINO DIAS	M	M-55-59	1			0 ATLETISMO PIEDADE.	00:23:31	00:23:30	03:54
2	498	MAURO CESAR MOREIRA DA SILVA	M	M-55-59	2			0 SPS RUN	07:54:42	00:24:26	04:04
3	487	JOSE APARECIDO VIEIRA	M	M-55-59	3			0 SELJ PILAR DO SUL	07:57:15	00:26:57	04:29
4	484	PAULO ROBERTO DA ROSA	M	M-55-59	4			0 SALTO DE PIRAPORA	07:57:30	00:27:11	04:31
5	209	CARLOS ALBERTO DA SILVA	M	M-55-59	5			0 ACM FEFISO	08:00:19	00:29:58	04:59
6	344	JOSÉ AMAURI BERNARDO VIEIRA	M	M-55-59	6			0 FERRAMENTAS DO CONST	08:02:26	00:31:48	05:18
7	157	ROGÉRIO GARCIA	M	M-55-59	7			0	00:33:09	00:32:55	05:28
8	475	PEDRO PAULO DE OLIVEIRA GOME	M	M-55-59	8			0 POWER RUN	00:33:28	00:33:24	05:33
9	437	LÉO	M	M-55-59	9			0 KURITA TEAM	00:39:34	00:39:10	06:31
10	184	EDUARDO	M	M-55-59	10			0	00:42:22	00:41:51	06:58
11	366	GODOY	M	M-55-59	11			0 GODOY	08:15:46	00:45:05	07:30
12	168	JOSE RICARDO B LOPES	M	M-55-59	12			0	00:46:55	00:46:34	07:45

CATEGORIA : M-60-64

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	220	ORIDES ALVES DE ALMEIDA	M	M-60-64	1			0 ATLETISMO PIEDADE	00:24:14	00:24:13	04:01
2	16	JOSE RIBAMAR ALVES DÁ SILVA	M	M-60-64	2			0	00:27:03	00:26:59	04:29
3	550	PEDRO AUREO	M	M-60-64	3			0	08:00:12	00:29:52	04:58
4	218	LUIZ OSAKO	M	M-60-64	4			0 ATLETISMO PIEDADE	08:01:35	00:31:15	05:12
5	180	AIRTON MITIO SHIRATA	M	M-60-64	5			0	00:31:29	00:31:19	05:12
6	425	ROBERTO NORIYUKI OSACO	M	M-60-64	6			0 KAIKAN	00:31:45	00:31:38	05:16
7	122	JOSE ROBERTO MARUM	M	M-60-64	7			0	00:33:14	00:33:09	05:31
8	365	GILBERTO JOSÉ FIGUEREDO	M	M-60-64	8			0 GILS VEÍCULOS	00:34:21	00:34:10	05:41
9	215	JOEL ALVES TEIXEIRA	M	M-60-64	9			0 ASSOCIAÇÃO FUNCIONÁR	08:05:25	00:34:46	05:47
10	219	TOSHIHIRO KANNO	M	M-60-64	10			0 ATLETISMO PIEDADE	00:35:23	00:35:12	05:51
11	481	LAERTE DOS ANJOS PIMENTA	M	M-60-64	11			0 RUNNERS PEPPERS	08:08:57	00:38:33	06:25
12	542	GERALDO CAMPOS	M	M-60-64	12			0 RUNNERS ALUMÍNIO	00:42:39	00:42:33	07:05

CATEGORIA : M-65-69

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	493	JOÃO BOSCO LUSIA	M	M-65-69	1			0 SORAYA TELES	07:55:42	00:25:23	04:13
2	539	JAIR DO ESPIRITO SANTO	M	M-65-69	2			0 AASP	07:58:26	00:28:09	04:41
3	239	AITEMAR NUNES FERNANDES	M	M-65-69	3			0 CORRIDA PERFEITA	08:04:26	00:34:02	05:40
4	31	HÉLIO BATISTA DE FREITAS	M	M-65-69	4			0	08:08:41	00:37:43	06:16
5	17	AGGEU AUYRES DE ARAUJO FILHO	M	M-65-69	5			0	00:38:03	00:37:56	06:19

CATEGORIA : M-70+

COL.	N.ATLETA	ATLETA	SEXO	CATEG.	COL.CAT.	CAT.SEC.	COL.SEC.	EQUIPE	TEMPO Br	TEMPO Lq	RITMO
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	20	ANTONIO BARROS DE BASTOS	M	M-70+	1			0	07:56:07	00:25:51	04:18
2	469	HENRIQUE SHITSUKA	M	M-70+	2			0 OS MISTERS	08:00:50	00:30:35	05:05
3	244	HUMBERTO JANTIM FILHO	M	M-70+	3			0 EQUIPE BILL	00:33:41	00:33:36	05:36
4	182	ARTUR M KLINGUELFUS	M	M-70+	4			0	00:41:00	00:41:00	06:49
5	369	MINATSUGU HAYASHIDA	M	M-70+	5			0 HAYASHIDA	08:13:40	08:13:40	22:16

6	368	CARLOS MUNETACHI HAYASHIDA	M	M-70+	6	0	HAYASHIDA	08:15:01	08:15:01	22:30
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